## The Partnership for a Drug Free New Jersey receives nearly seven dollars in in-kind support for every dollar spent.

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PDFNJ Would Like to Thank the Following Organizations and their members for their 2008 In-Kind Support

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New Jersey Natural Gas New Jersey Prevention Network PSE&G Princeton Partners, Inc. Riker, Danzig, Scherer, Hyland & Perretti Saint Barnabas Health Care System United Water United Water United Way of Hudson County Verizon New Jersey, Inc. Wyeth

### 2008 Revenue by Source



### 2008 Expenses by Category



The Partnership for a Drug-Free New Jersey is a private 501(c) (3) not-for-profit organization. We are proud to receive support from both the Governor's Council on Alcoholism & Drug Abuse and the New Jersey Department of Human Services, through the State of New Jersey's Drug Enforcement Demand Reduction Fund, as well as from a broad range of corporations and foundations. All Partnership for a Drug-Free New Jersey programs, projects and services are offered to New Jersey's residents and businesses free of charge.

## Maximizing Every Dollar Through Collaboration and Innovation

## PARTNERSHIP FOR A DRUG-FREE NEW JERSEY 2008 ANNUAL REPORT



Partnership for a Drug-Free New Jersey In Cooperation with the Governor's Council on Alcoholism & Drug Abuse and the NJ Department of Human Services



## Who knew Grandma kept a stash!

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Zachary Langley, Research and Technology

Dear Friends,

In focusing on the mission of the Partnership for a Drug-Free New Jersey "to unsell drugs and alcohol abuse to the people of New Jersey – especially our youth" during 2008, I am proud to report that we are providing the residents of New Jersey with life saving prevention information.

This year, as a result of our annual Parent's Tracking Study, we launched our award winning Grandma's Stash Campaign. We tackled the important issue of prescription and over-the-counter drug abuse in our state by partnering with federal, state, and local and government community organizations with the same goal.

In the next several pages you will read about how the Partnership for a Drug-Free New Jersey has maximized every dollar and message through cooperation and collaboration.

The Partnership for a Drug-Free New Jersey experience is truly trailblazing in its research based campaigns that have become national role models over the last fifteen years. National campaigns such as The White House Office of National Drug Control Policy's "Parent - The Anti-Drug" and The National Center on Addiction and Substance Abuse at Columbia University's (CASA) "Family Day: A Day to Have Dinner With Your Family" have their origins with the Partnership for a Drug-Free New Jersey's research and initiatives. Throughout this annual report you will find highlights of recent research initiatives sponsored by the Partnership for a Drug-Free New Jersey's Center For Prevention Research (NJCPR).

The success of the Partnership for a Drug-Free New Jersey is directly attributed to its dynamic staff, a dedicated Board of Directors, Executive and Steering Committee, New Jersey's government, media, corporate and foundation leaders, The Governor's Council on Alcoholism and Drug Abuse and the New Jersey Department of Human Services, all of whom provide support to the Partnership in both resources and spirit.

The Partnership realizes that as we have accomplished much, there is much more to accomplish. Everyday a child in New Jersey will celebrate their 11th birthday, the age of first approach, it is the Partnership for a Drug-Free New Jersey's commitment to do everything it can to guarantee that every child will have the resources, knowledge and support to say no to drugs and alcohol.

Joseph A. Miele Chairman

### PARTNERSHIP FOR A DRUG-FREE NEW JERSEY

# Partnership in the Media

Prescription Drug-Abuse Prevention was the centerpiece of the Partnership for a Drug-Free New Jersey's Public Service Media Campaign.



The Partnership for a Drug-Free New Jersey, through its Center for Prevention Research (NJCPR) conducted several statewide studies that confirmed national studies conclusions that prescription drug abuse was climbing at

alarming levels. What the research also pointed out was that most young people who were abusing prescription drugs were easily accessing them from family and friends.

In response to this important trend PDFNJ's Board of Directors, in December 2007, directed the Partnership's 2008 media campaign to focus on prescription drug abuse. The campaign garnered the support of the Drug Enforcement Administration (DEA) - New Jersey Division, the New Jersey Department of Human Services, the Governor's Council on Alcoholism and Drug Abuse (GCADA), New Jersey Prevention Network (NJPN) and Jason's Message, all of whom appear on the campaign.

Newspapers and web banners were made available to all 563 New Jersey Mayors, Police Chiefs and Boards of Education. Two 30second radio PSAs were also created and distributed to every radio station in New Jersev.

In August of 2008 in commemoration of National Medicine Abuse Awareness Month, PDFNJ collaborated with the New Jersey Pharmacists Association to distribute the "Grandma's Stash" message on over three quarters of a million pharmacy bags that were

distributed with the cooperation of over 700 local pharmacies in all 21 counties in New Jersey. A statewide press conference was help to promote this public private partnership.



### Who knew Grandma kept a stash!

70% of all people who abused prescription pain relievers got them from friends or relatives Talk to your kids about prescription drug abuse. Learn how at www.drugfreenj.org

GEA

Following the creative process to develop the "Grandma's Stash" campaign, PDFNJ collaborated with Clear Channel Outdoors to secure electronic billboard messages. The campaign continued with interior bus and train plackets that were placed on over 1200 New Jersey Transit Buses and over 300 PATH Trains. PDFNJ also secured over 50 Bus Shelter locations throughout New Jersey to promote this message.

The "Grandma's Stash" campaign was also distributed to over 300 Daily and Weekly New Jersey



Jason's Message:

70% of all people who abused prescription pain relievers got them from friends or relatives Talk to your kids about prescription drug abuse.

Learn how at www.drugfreenj.org

Jason's Message:



#### 2008 ANNUAL REPORT

# Partnership in the News

### Students excel in poster contest

This past school year, nearly 4,000 students statewide partici pated in the Partnership for a Drug Free New Jersey's (PDFNI) Design a Fourth Grade Folder Contest. On March 5, Natalie

Chiumento and Cecelia Dailey, both students attending Holy Saviour Regional School in Westmont, were statewide finalists honored and recognized for eir outstanding artwork. The finalists' artwork was on display at the Statehouse Annex in Trenton, for public viewing from March 3-5. The Partnership for a Drug-

Free New Jersey has consistent ly believed that early pre

programs like the Fourth Grade Folder Contest, are effective Free New Jersey (PDFNJ) was created in 1992 with a miss ways to actively engage new jerto reduce the incidence of subsey's young people in selecting and maintaining a drug free, healthy lifestyle," said Angelo stance abuse throughout New Jersey. PDFNJ continues to serve as an anti-drug alliance to M. Valente, executive director, PDFNJ. localize, strengthen and deepen drug and alcohol abuse preven-The contest was open to

tion media efforts in the state. PDFNJ also offers school fourth grade students throughout the state. Students were based programs, drug-fr nged to create anti-drug workplace assistance, and p artwork relating to the theme of ent education training. PDF the contest: "Fun Things To Do Instead of Doing Drugs." works in cooperation with t works in cooperation with t Governor's Council Alcoholism & Drug Abuse at the NJ Department of Hum Services. All PDFNJ prograt 'are available free of charge the residents of New Jersey... Instead of Doing Drugs." The winning artwork will be made into a folder and will be available to every school in New The Partnership for a Drug-



COURTESY PHOTO ABOVE: Cecelia Dailey (mother), Angelo Valente, executive director of PDFNJ, the younger Daily and Sr. Bianca of Holy Saviour School pose for a picture. BELOW: Natalie Chiumento and her parents stand with Valente and Sr. Bianca.

### Group: Keep drinking age 21

TRENTON (AP) - The debate over lowering the drinking age has come to New Jersey, with several state agencies coming together to support keeping it at 21, while some college presidents think the law should be reconsidered.

Officials announced on Thursday the formation of the NJ21 Coalition, which is being spearheaded by the state Division of Highway Traffic Safety, the Divi-sion of Alcoholic Beverage Con-Trol and the <u>Partnership</u> for a Drug-Free New Jersey. "Since the drinking age was

raised to 21 in New Jersey in the 1980s, we have seen nearly a 78

students under the age of 21, and percent decrease in the number of young people ages 18 to 20 who have been killed in drunk driving yet, despite the imposition of polcrashes," Attorney General Anne it is evident that alcohol and alcohol-related injuries, binge drink-ing, and alcohol abuse is a fact of Milgram said in a statement. "These numbers alone tell us without any doubt, the drinking age must be maintained."

The New Jersey coalition was put together in response to the Amethyst Initiative, a movement calling on lawmakers to consider lowering the drinking age to 18 The idea has received support from the presidents of some of the nation's best-known univer sities, including three in New Jersey

"Drinking alcohol is illegal for

PDFNJ received over one-million dollars in donated advertising space in 2008 – enough to cover the length of Giant's Stadium.

### Litter bags to be given out at state toll booths

are "giving back"to New Jersey Motorists a prevention drug abuse theme litter bag. The litter bag is not just any litter

bag used to throw empty coffee gum wrappers or tras their cars for days, in

This year the Partnership for a Drug-Free New Jersey (PDFNJ) and the New Jersey Tumpike Authority designer drug, prescription medicine.

The prescription drug abuse theme litter bags will be given to motorists at all toll booths during the holiday

## will throw it away so Itater. It is the messa **CABAL: 21 TO BOOZE**

the sature of the sature of the sature university Prese direct Suam A. Coles and in a statement posted on the school's Web site. Coles and the is in favore of a "rigorous, data-in-formed public discussion" on the drinking age and formed public discussion" on the drinking age and the relationship to alcohol consumption among 15", he sadd. "But utilit at elevice-like that she is not necessarily as 21-year-olds, but added that she is not necessarily as

# **Building Dedication**

The Partnership for a Drug-Free New Jersey statewide headquarters. officially became the "Joseph P. Miele Center for Substance Abuse Prevention" at a ceremony held on July 15, 2008.

The newly dedicated "Joseph P. Miele Center for Substance Abuse Prevention" is named in honor of Joseph "JP" Miele who has and continues to dedicate his life to keeping New Jersey children drugfree. With the founding of the Partnership for a Drug-Free New Jersey, Miele has touched the lives of millions of New Jersey's families with messages of drug and alcohol abuse education, prevention and hope.

It is through his unwavering commitment and unmatched dedication that the Partnership for a Drug-Free New Jersey has become a national leader in the fight against alcohol and drug abuse and that the establishment of this Center is possible.



Communicate better with your kids

cies and disciplinary procedures,

PEQUANNOCK

which found that kids who have tures a screening of national The "15-Minute Child Break" consistent communication with a award-winning public service parent or caregiver every day are announc

The Partnership for a Drug-Free New Jersey (PDFN) is bringing its successful parenting program, The 15-Minute Child Break," to Pompton Plains. The one-hour program is designed to empower and assist parents in building better com-munication with their kids. North Boulevard Elemen-tary School is hosting the pro-designed to empower and assist munication with their kids. North Boulevard Elemen-tary School is hosting the pro-designed to empower and assist the school study on Substance Use. The one-hour program is also be provided. The "15-Minute Child Break" encourages audi-trom PDFNJ's 2000 Middle School Study on Substance Use, ence participation and also fea-which found that kids who have



Stephen J. Pasierb, President and CEO of the Partnership for a Drug-Free America, (above), attended the event and lauded the Partnership for a Drug-Free New Jersey as a national leader.

### PARTNERSHIP FOR A DRUG-FREE NEW JERSEY

# Partnership in the Schools

PSE&G 3rd Grade Contract for a Healthy Life Communication between parents and their children is key to substance abuse prevention, as study after PSEG study shows. Getting this information out to New Jersey parents is the goal of the Partnership for a Drug-Free New Jersey--- and getting this information out to parents is possible thanks to the support of PSE&G.

The Third Grade Contract for a Healthy Life program serves as a communication tool for parents and teachers to discuss the issue of substance abuse with the third grade child in their life. 94% of participants said that this program is equally or more effective than other substance abuse prevention initiatives and 100% of participants plan on participating in this initiative again.





Verizon 4th Grade Folder Initiative Fourth Grade students have the opportunity to create peer-to-peer substance abuse prevention messages with the support the Partnership for a Drug-Free New Jersey receives from Verizon for the 4th Grade Folder Competition. Over 3,000 students created peer-to-peer prevention images answering the question, "Fun things to do instead of drugs." Two winning images were chosen and placed on folders that were distributed to over 30,000 students in New Jersey schools. 100% of students said they enjoyed participating in this program, and 82% stated that they learned more about the dangers of substance abuse because of it.

Horizon Foundation for New Jersey 5th Grade Parent Alert Over 35,000 parents of 5th Grade



Students received important substance abuse prevention information, thanks to the support of the Horizon Foundation of New Jersey's 5th Grade Parent Alert. This Partnership for a Drug-Free New Jersey initiative provides parents with information on current research and trends in substance abuse, as well as tips and tools on how they can prevent substance abuse in their homes. 90% of participants

became more aware of the risks of using drugs and alcohol through participation in this program, while 88% learned more information about substance abuse prevention.

### Middle School Public Service Announcement Challenge



The Middle School Public Service Announcement Challenge **New Jersey** invites middle school students to write scripts for a 30-second Natural Gas television peer-to-peer prevention message. Students from Leap Academy, Camden, Camden County who created the winning

scripts also produced and starred in their PSA entitled "Drugs are no child's game." This initiative is supported by New Jersey Natural Gas.

### New Jersey Shouts Down Drugs New Jersey Shouts Down Drugs is the



partnership's substance abuse prevention program for high school students. All New Jersey high school students are invited to submit music and lyrics to songs with substance abuse prevention messages. County representatives are chosen from all of the submissions. The 2008 concert was held

at Rutgers University in New Brunswick. This concert is supported by Comcast, who records the presentation and broadcasts it on-demand for all of their subscribers. 100% of participants agreed that using music as a prevention tool has a strong impact on kids their age, and 80% reported that participation in this program helped them decide not to abuse drugs and alcohol.









**Keeping Kids Drug-Free:** Information for Parents









2008 ANNUAL REPORT









Over 90.000 children participated in Partnership for a Drug-Free New Jersey prevention initiatives in 2008. at a cost of \$.09 a child - PRICELESS!

## Partnership in the Community NJ 21 Coalition

Lowering the drinking age to 18 is not a popular idea among New Jersey residents. According to an October survey sponsored by the Partnership for a Drug-Free New Jersey and conducted by Fairleigh Dickinson University's PublicMind. The study found that just 18 percent of New Jerseyans support the idea of lowering the drinking age to 18, while 76 percent favor leaving the legal age at 21. The survey was undertaken in response to the recently rekindled debate over the legal drinking age.

The controversy started when a number of university presidents around the country put forward a petition known as the Amethyst Initiative, calling for "dispassionate public debate over the effects of the 21 year-old drinking age."

Few differences emerged in demographic groups: men and women, liberals and conservatives, registered and unregistered voters and north and south Jerseyans all agreed by similar margins. Even younger respondents were not significantly more likely to favor lowering the drinking age than older residents. Nor were parents with children in school or in college significantly different than others in their preference to leave the drinking age at 21. However, parents with children in elementary school were most supportive of maintaining the current legal drinking age of 21 (83%-9%) while parents of college students were least supportive (67%-30%).

The question was asked the same way of all respondents. But, at random, respondents were given one of three different introductions. One group was told that university presidents suggested lowering the drinking age. Another group was told that some prevention organizations, like the Partnership for a Drug-Free New Jersey, oppose any change. A third group was simply told that there is a current debate. There were no differences among the groups in their answers to the question, no matter which introduction they received.

Together with the New Jersey Division of Highway Traffic Safety (HTS) and the New Jersey Division of Alcoholic Beverage Control, PDFNJ organized the NJ21 Coalition in response to the Amethyst Initiative. The coalition comprises state government, law enforcement and nonprofit agencies opposed to lowering the drinking age.

On behalf of the NJ21 Coalition, the PDFNJ has created a print and transit campaign to get the message out about the dangers of lowering the drinking age. The campaign is scheduled to be distributed in early 2009.



### **Reasons to Keep the Drinking Age at 21**

Since the drinking age in NJ was raised to 21, the number of young people killed in drunk-driving crashes has dropped nearly 78%.

### Need we say more...

Partnership for a Drug-Free New Jersey

SMADD NJ21 Coalition

### Time to Talk NJ

Meeting the needs of more and more parents, in all environments is a top priority and through a collaboration between the Partnership for a Drug-Free New Jersey, Yahoo Groups and the Partnership for a Drug Free America New Jersey parents can come together from their home computers and talk about how to keep their children from abusing drugs. This online chat group is designed specifically for New Jersey parents to come together and discuss substance abuse issues they are facing. Whether looking for prevention tips, information on local issues or strategies that have worked, Time To Talk New Jersey is a place every parent can go.



### **Drugs Don't Work in N.J!**



The Partnership for a Drug-Free New Jersey, through its Drugs Don't Work in NJ! program, offers free assistance in drugfree workplace policy development and implementation. There are currently over 2,200

New Jersev businesses who have utilized the drug-free workplace services assisting and affecting over 837,267 employees.



### **15 Minute Child Break**

Reaching parents and caregivers is the top goal of the Partnership for a Drug-Free New Jersey. This year, close to 150 multi-media 15-Minute Child Break presentations were held for PTA and PTOs, as well as for business lunch and learn programs, impacting almost 110,000 children in the state.

> "The program was informative and interesting and the feedback we received from attendees was excellent." Nancy Verga, Chairperson, Borough of Morris Plains Municipal Alliance

"The Presentation was tremendously informative and well received by all who attended." Liz Knodel-Gordon, Substance Awareness Coordinator, Scotch Plains-Fanwood High School.

2008



The number of companies to join Drugs Don't Work in New Jersey in 2008, increased by 30% from last year.



### In the fall of 2008, PDFNJ conducted a study of New Jersey Businesses and found:

- New Jersey employers were concerned about a variety of safety sensitive issues regarding their employees with 87 percent indicating that they were "very/somewhat" concerned about the issues of drugs and alcohol in the workforce.
- Over half of the companies surveyed indicated that the abuse of prescription drugs and alcohol, by employees, at most New Jersey companies, is a "very/somewhat" serious

concern. Fifty eight percent of these same employers responded that the use of illegal drugs such as marijuana, cocaine or heroin.



by employees in most New Jersey companies, is also a serious problem.

- New Jersey companies use various sources to gain information regarding drug-free workplace programs. Information provided by PDFNJ, especially the Drugs Don't Work in NJ! program, was the second highest rated source of information for small companies and among the top tier of information sources for all companies, with 60 percent of employers saying that they would utilize the organization's services.
- Over 60 percent of New Jersey companies who have established drug-free workplace policies have found them to be "very effective" in reducing accidents, absenteeism and the number of workplace compensation claims filed. The policy also helped increase productivity and employee morale.